

## **Stanford Research Assistant Opportunity**

The [Stanford Psychophysiology Lab](#), overseen by Dr. James Gross, is seeking research assistants to contribute to the [Home-Sleep Study](#). The project seeks to understand how wake-time emotion regulation and sleep-time processes interact.

### **Internship Description**

This position would be desirable for anyone who:

- Is curious about emotions, sleep, and bruxism
- Desires clinical experience (conducting phone screens and interviews, interacting with participants, etc.)
- Is interested in brain monitoring equipment and data collection (EEG, PSG, EMG, etc.)
- Needs flexible hours (shifts available in evenings, mornings, Fridays, weekends, etc.)
- Seeks a close-knit, supportive work environment
- Enjoys writing literature reviews
- Would like to be part of a stable, long-term project

### **Eligibility**

The Home-Sleep Study accepts research assistants on a rolling basis. We prefer (but not require) an applicant who is at least an upperclassman in a BA program and possesses previous research (or relevant work) experience. Familiarity with data analysis, programming skills, and access to a car are pluses. This position may occasionally require work outside of regular hours (evenings) to accommodate session schedules.

### **Commitments**

This is an unpaid internship. We provide full-time internship opportunities; however, student research assistants may work for a minimum of 12 hours/week. Potential applicants must be willing to commit to a position for at least 6 months (2 quarters).

### **How to Apply**

Please email the following documents to [homesleep\\_ra@lists.stanford.edu](mailto:homesleep_ra@lists.stanford.edu): your CV and a cover letter including a brief outline of your research interests, your prior research experience, your future goals, the kinds of experiences you hope to gain by participating in research of the Home Sleep Center and your desired starting date, duration of involvement, and weekly availability.